

## Menu for Week Commencing Monday 20<sup>th</sup> of November

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Drink	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice
<b>Full glass of water given with early morning medication</b>							
Breakfast	Cereals/porridge Bacon & Beans Toast & Preserves Tea/coffee	Cereals/porridge Scrambled Egg Toast & Preserves Tea/coffee	Cereals/porridge Sausage & Tomato Toast & Preserves Tea/coffee	Cereals/porridge Fried Egg Toast & Preserves Tea/coffee	Cereals/porridge Bacon & Beans Toast & Preserves Tea/coffee	Cereals/porridge Scrambled Egg Toast & Preserves Tea/coffee	Cereals/porridge Sausage & Beans Toast & Preserves Tea/coffee
<b>Water and fruit squash available throughout the morning in resident's lounges</b>							
Mid-morning	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits
Lunch	Pork goulash OR Fried egg and ham With Vegetables & Mashed Potatoes	Beef Bourguignon OR Quiche With vegetables & Lyonnais potatoes	Chicken piccata OR Fried fish fillets Vegetables & Potatoes	Moussaka OR Chicken escalope With Potatoes & Vegetables	Fried Fish OR Pork in red wine Sauce With Chips & Mixed Vegetables	Pork and bacon meat loaf OR Beef stew With Vegetables & Mashed Potatoes	Roast turkey With Roast Potatoes & Vegetables
	Strawberry mousse Fresh Fruit salad	Crème caramel Fresh Fruit salad	Blancmange Fresh Fruit salad	Chocolate tart Fresh Fruit salad	Rice pudding Fresh Fruit salad	Bread and butter pudding Fresh Fruit salad	Chocolate mousse Fresh Fruit salad
<b>With water / fruit squashes and tea or coffee served after meal</b>							
Mid- Afternoon Tea	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits
<b>Water and fruit squash available throughout the afternoon in the resident's lounges</b>							
Evening Meal	Soup Pasta bolognese Assorted Sandwiches Mandarin jelly	Soup Quiche Lorraine Assorted Sandwiches Cake	Soup Sausage Rolls Assorted Sandwiches Jammy coconut sponge	Soup Chicken popsters Assorted Sandwiches semolina	Soup Poached egg On toast Assorted Sandwiches Carrot cake	Soup Cheese Puffs Assorted Sandwiches Milky jelly	Soup Fish fingers Assorted Sandwiches Semolina
Late Evening	<b>Milky drink biscuits</b>	<b>Milky drink biscuits</b>	<b>Milky drink biscuits</b>	<b>Milky drink biscuits</b>	<b>Milky drink biscuits</b>	<b>Milky drink Biscuits</b>	<b>Milky drink Biscuits</b>

Water jugs available in residents' rooms during the night.

Hot drinks & biscuits offered if residents wake during night.

*Some of our dishes may contain allergens. Please ask our Chef for further information.*