

Menu for Week Commencing Monday 4th of December 2017

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Drink	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice
Full glass of water given with early morning medication							
Breakfast	Cereals/porridge Bacon & Beans Toast & Preserves Tea/coffee	Cereals/porridge Scrambled Egg Toast & Preserves Tea/coffee	Cereals/porridge French toast Toast & Preserves Tea/coffee	Cereals/porridge Fried Egg Toast & Preserves Tea/coffee	Cereals/porridge Bacon & tomato Toast & Preserves Tea/coffee	Cereals/porridge Scrambled Egg Toast & Preserves Tea/coffee	Cereals/porridge Sausage & Beans Toast & Preserves Tea/coffee
Water and fruit squash available throughout the morning in resident's lounges							
Mid-morning	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits
Lunch	Chicken & bacon pie Ham and fried egg With Vegetables & Mashed Potatoes	Pork moussaka OR Pork sausages With vegetable & Dauphinois potatoes	Spanish Chicken casserole OR Roast gammon Vegetables & Potatoes	Irish stew OR Moussaka With Potatoes & Vegetables	Fried Fish OR Homemade burger With Chips & Mixed Vegetables	Sausage casserole OR Chicken stroganoff With Vegetables & Mashed Potatoes	Roast top side of beef with Roast Potatoes & Vegetables
	Sherry trifle Fresh Fruit salad	Cheese cake Fresh Fruit salad	Up-side down cake Fresh Fruit salad	Creamy mousse Fresh Fruit salad	Rice pudding Fresh Fruit salad	Peach Crumble Fresh Fruit salad	Blancmange Fresh Fruit salad
With water / fruit squashes and tea or coffee served after meal							
Mid-Afternoon Tea	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits
Water and fruit squash available throughout the afternoon in the resident's lounges							
Evening Meal	Soup Fish cakes Assorted Sandwiches Blancmange	Soup Pizza slice Assorted Sandwiches Milky jelly	Soup Cheese puffs Assorted Sandwiches Yoghurts	Soup Chicken pops Assorted Sandwiches Peach and coconut custard	Soup Jacket potatoes Assorted Sandwiches Coffee and walnut Cake	Soup Cheese and beans on toast Assorted Sandwiches Mandarin Jelly	Soup Sausage rolls Assorted Sandwiches Sponge Victoria
Late Evening	Milky drink biscuits	Milky drink biscuits	Milky drink biscuits	Milky drink biscuits	Milky drink biscuits	Milky drink Biscuits	Milky drink Biscuits

Water jugs available in residents' rooms during the night.

Hot drinks & biscuits offered if residents wake during night.

Some of our dishes may contain allergens. Please ask our Chef for further information.