

## Menu for Week Commencing 25<sup>th</sup> of December 2017

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Drink	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice
<b>Full glass of water given with early morning medication</b>							
Breakfast	Cereals/porridge Bacon & Beans Toast & Preserves Tea/coffee	Cereals/porridge Scrambled Egg Toast & Preserves Tea/coffee	Cereals/porridge Sausage & Tomato Toast & Preserves Tea/coffee	Cereals/porridge Fried Egg Toast & Preserves Tea/coffee	Cereals/porridge Bacon & Mushroom Toast & Preserves Tea/coffee	Cereals/porridge Scrambled Egg Toast & Preserves Tea/coffee	Cereals/porridge Sausage & Beans Toast & Preserves Tea/coffee
<b>Water and fruit squash available throughout the morning in resident's lounges</b>							
Mid-morning	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits
Lunch	Roast turkey, stuffing and roast potatoes Brussel sprouts and bacon	Roast gammon Or Spanish Omelette With vegetables & Sautee potatoes	Cottage pie Or Beef goulash Vegetables & Potato wedges	Chicken casserole Or Fried egg and Ham with Creamed Potatoes & Vegetables	Fried fillets of Fish OR Pork casserole With Chips & Mixed Vegetables	Sausages in onion gravy OR Chicken escalope With Vegetables & Mashed Potatoes	Roast Pork loin With Roast Potatoes & Vegetables
	Christmas pudding and brandy cream Fresh Fruit salad	Sherry trifle Fresh Fruit salad	Up-side down cake Fresh Fruit salad	Crème caramel Fresh Fruit salad	Semolina Fresh Fruit salad	Apple Crumble Fresh Fruit salad	Chocolate dessert Fresh Fruit salad
<b>With water / fruit squashes and tea or coffee served after meal</b>							
Mid- Afternoon Tea	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits
<b>Water and fruit squash available throughout the afternoon in the resident's lounges</b>							
Evening Meal	Soup Pate on toast Assorted Sandwiches Christmas cake	Soup Fish fingers Assorted Strawberry gateaux	Soup Jacket potatoes Assorted Sandwiches Blancmange	Soup Pasta with bacon in Tomato sauce Assorted Sandwiches Chocolate mousse	Soup Potato gratin Assorted Sandwiches Carrot cake	Soup Cheese Puffs Assorted Sandwiches Milky Jelly	Soup Poached egg on Toast Assorted Sandwiches Banana mousse
Late Evening	<b>Milky drink biscuits</b>	<b>Milky drink biscuits</b>	<b>Milky drink biscuits</b>	<b>Milky drink biscuits</b>	<b>Milky drink biscuits</b>	<b>Milky drink Biscuits</b>	<b>Milky drink Biscuits</b>

Water jugs available in residents' rooms during the night.

Hot drinks & biscuits offered if residents wake during night.

*Some of our dishes may contain allergens. Please ask our Chef for further information.*