

## Menu for Week Commencing 15<sup>th</sup> of January 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Drink	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice
<b>Full glass of water given with early morning medication</b>							
Breakfast	Cereals/porridge Bacon & Beans Toast & Preserves Tea/coffee	Cereals/porridge Scrambled Egg Toast & Preserves Tea/coffee	Cereals/porridge French toast Toast & Preserves Tea/coffee	Cereals/porridge Fried Egg Toast & Preserves Tea/coffee	Cereals/porridge Bacon & tomato Toast & Preserves Tea/coffee	Cereals/porridge Scrambled Egg Toast & Preserves Tea/coffee	Cereals/porridge Sausage & Beans Toast & Preserves Tea/coffee
<b>Water and fruit squash available throughout the morning in resident's lounges</b>							
Mid-morning	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits
Lunch	Chicken & mushroom pie Ham and fried egg With Vegetables & Mashed Potatoes	Italian meat balls OR Pork sausages With vegetable & Dauphinois potatoes	Beef Stroganoff OR Roast gammon Vegetables & Potatoes	Irish stew OR Moussaka With Potatoes & Vegetables	Fried Fish OR Homemade burger With Chips & Mixed Vegetables	Sausage casserole OR Chicken stroganoff With Vegetables & Mashed Potatoes	Roast loin of pork With Roast Potatoes & Vegetables
	Sherry trifle Fresh Fruit salad	Cheese cake Fresh Fruit salad	Up-side down cake Fresh Fruit salad	Creamy mousse Fresh Fruit salad	Rice pudding Fresh Fruit salad	Peach Crumble Fresh Fruit salad	Blancmange Fresh Fruit salad
<b>With water / fruit squashes and tea or coffee served after meal</b>							
Mid-Afternoon Tea	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits
<b>Water and fruit squash available throughout the afternoon in the resident's lounges</b>							
Evening Meal	Soup Fish fingers Assorted Sandwiches Blancmange	Soup Mini calzone Assorted Sandwiches Milky jelly	Soup Cheese puffs Assorted Sandwiches Yoghurts	Soup Chicken pops Assorted Sandwiches Peach and coconut custard	Soup Jacket potatoes Assorted Sandwiches Coffee and walnut cake	Soup Cheese Puffs Assorted Sandwiches Mandarin Jelly	Soup Sausage rolls Assorted Sandwiches Sponge Victoria
Late Evening	<b>Milky drink biscuits</b>	<b>Milky drink biscuits</b>	<b>Milky drink biscuits</b>	<b>Milky drink biscuits</b>	<b>Milky drink biscuits</b>	<b>Milky drink Biscuits</b>	<b>Milky drink Biscuits</b>

Water jugs available in residents' rooms during the night.

Hot drinks & biscuits offered if residents wake during night.

*Some of our dishes may contain allergens. Please ask our Chef for further information.*