

Menu for Week Commencing Monday 5th February 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Drink	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice
Full glass of water given with early morning medication							
Breakfast	Cereals/porridge Bacon & Beans Toast & Preserves Tea/coffee	Cereals/porridge Scrambled Egg Toast & Preserves Tea/coffee	Cereals/porridge Sausage & Tomato Toast & Preserves Tea/coffee	Cereals/porridge Scramble Egg Toast & Preserves Tea/coffee	Cereals/porridge Bacon & beans Toast & Preserves Tea/coffee	Cereals/porridge Scrambled Egg Toast & Preserves Tea/coffee	Cereals/porridge Sausage & Beans Toast & Preserves Tea/coffee
Water and fruit squash available throughout the morning in resident's lounges							
Mid-morning	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits
Lunch	Chicken piccata OR Fried egg and ham With Vegetables & Mashed Potatoes	Beef Bourguignon OR Quiche With vegetables & Lyonnais potatoes	Pork goulash OR Fried fish fillets Vegetables & Potatoes	Moussaka OR Chicken escalope With Potatoes & Vegetables	Fried Fish OR Pork in red wine sauce With Chips & Mixed Vegetables	Chicken stew OR Beef stew With Vegetables & Mashed Potatoes	Roast gammon With Roast Potatoes & Vegetables
	Strawberry mousse Fresh Fruit salad	Crème caramel Fresh Fruit salad	Blancmange Fresh Fruit salad	Tiramisu Fresh Fruit salad	Rice pudding Fresh Fruit salad	Apple crumble Fresh Fruit salad	Chocolate mousse Fresh Fruit salad
With water / fruit squashes and tea or coffee served after meal							
Mid-Afternoon Tea	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits
Water and fruit squash available throughout the afternoon in the resident's lounges							
Evening Meal	Soup Pasta Assorted Sandwiches Mandarin jelly	Soup Cornish pasties Assorted Sandwiches Cup cakes	Soup Sausage Rolls Assorted Sandwiches Jammy coconut sponge	Soup Chicken popsters Assorted Sandwiches Chocolate mousse	Soup Poached egg On toast Assorted Sandwiches Carrot cake	Soup Cheese Puffs Assorted Sandwiches Milky jelly	Soup Fish fingers Assorted Sandwiches Semolina
Late Evening	Milky drink biscuits	Milky drink biscuits	Milky drink biscuits	Milky drink biscuits	Milky drink biscuits	Milky drink Biscuits	Milky drink Biscuits

Water jugs available in residents' rooms during the night.

Hot drinks & biscuits offered if residents wake during night.

Some of our dishes may contain allergens. Please ask our Chef for further information.