

Menu for Week Commencing Monday 19th February 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Drink	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice
Full glass of water given with early morning medication							
Breakfast	Cereals/porridge Bacon & Beans Toast & Preserves Tea/coffee	Cereals/porridge Scrambled Egg Toast & Preserves Tea/coffee	Cereals/porridge Sausage & Tomato Toast & Preserves Tea/coffee	Cereals/porridge Fried Egg Toast & Preserves Tea/coffee	Cereals/porridge Bacon & Mushroom Toast & Preserves Tea/coffee	Cereals/porridge Scrambled Egg Toast & Preserves Tea/coffee	Cereals/porridge Sausage & Beans Toast & Preserves Tea/coffee
Water and fruit squash available throughout the morning in resident's lounges							
Mid-morning	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits
Lunch	Beef stew Or Fried fillets of cod With Vegetables & Mashed Potatoes	Fried chicken fillets in batter Or Spanish Omelette With vegetables & Sautéed potatoes	Pork a la King Or Beef goulash Vegetables & Potato wedges	Chicken casserole Or Fried egg and Ham With Creamed Potatoes & Vegetables	Fried fillets of Fish OR Pork casserole With Chips & Mixed Vegetables	Sausages in onion gravy OR Chicken escalope With Vegetables & Mashed Potatoes	Roast Turkey With Roast Potatoes & Vegetables
	Brandy trifle Fresh Fruit salad	Rice pudding Fresh Fruit salad	Cheese cake Fresh Fruit salad	Chocolate mousse Fresh Fruit salad	Semolina Fresh Fruit salad	Apple Crumble Fresh Fruit salad	Blancmange Fresh Fruit salad
With water / fruit squashes and tea or coffee served after meal							
Mid- Afternoon Tea	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits
Water and fruit squash available throughout the afternoon in the resident's lounges							
Evening Meal	Soup Sausage rolls Assorted Sandwiches Mandarin jelly	Soup Fish fingers Assorted Sandwiches Jam and coconut sponge	Soup Jacket potatoes Assorted Sandwiches Blancmange	Soup Pasta Assorted Sandwiches Bounty Cup cakes	Soup Potato gratin Assorted Sandwiches Carrot cake	Soup Cheese Puffs Assorted Sandwiches Milky Jelly	Soup Pate on toast Assorted Sandwiches Chocolate cake
Late Evening	Milky drink biscuits	Milky drink biscuits	Milky drink biscuits	Milky drink biscuits	Milky drink biscuits	Milky drink Biscuits	Milky drink Biscuits

Water jugs available in residents' rooms during the night.

Hot drinks & biscuits offered if residents wake during night.

Some of our dishes may contain allergens. Please ask our Chef for further information.