

Menu for Week Commencing Monday 26th February 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Drink	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice	Tea or Juice
Full glass of water given with early morning medication							
Breakfast	Cereals/porridge Bacon & Beans Toast & Preserves Tea/coffee	Cereals/porridge Scrambled Egg Toast & Preserves Tea/coffee	Cereals/porridge Sausage & Tomato Toast & Preserves Tea/coffee	Cereals/porridge Scrambled Egg Toast & Preserves Tea/coffee	Cereals/porridge Bacon & beans Toast & Preserves Tea/coffee	Cereals/porridge Scrambled Egg Toast & Preserves Tea/coffee	Cereals/porridge Sausage & Beans Toast & Preserves Tea/coffee
Water and fruit squash available throughout the morning in resident's lounges							
Mid-morning	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits	Tea or Coffee Water or squash Biscuits
Lunch	Cottage pie Fried fillets of chicken With Vegetables & Mashed Potatoes	Chicken fricassee Or Spanish Omelette With vegetables & Sautéed potatoes	Beef burgers Or Quiche Lorraine Vegetables & Potato wedges	Meat loaf Or Fried egg and Ham With Creamed Potatoes & Vegetables	Fried fillets of Fish OR Pork a la king With Chips & Mixed Vegetables	Sausages in onion gravy OR Chicken escalope With Vegetables & Mashed Potatoes	Roast Loin of pork With Roast Potatoes & Vegetables
	Brandy trifle Fresh Fruit salad	Banana mousse Fresh Fruit salad	Semolina Fresh Fruit salad	Cheese cake Fresh Fruit salad	Rice pudding Fresh Fruit salad	Apple Crumble Fresh Fruit salad	Blancmange Fresh Fruit salad
With water / fruit squashes and tea or coffee served after meal							
Mid-Afternoon Tea	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits	Tea or Coffee Water or squash Homemade biscuits
Water and fruit squash available throughout the afternoon in the resident's lounges							
Evening Meal	Soup Sausage rolls Assorted Sandwiches Mandarin jelly	Soup Fish cakes Assorted Sandwiches Blancmange	Soup Jacket potatoes Assorted Sandwiches Banana cake	Soup Pasta Assorted Sandwiches Chocolate mousse	Soup Pate on toast Assorted Sandwiches Carrot cake	Soup Cheese and beans on toast Assorted Sandwiches Milky Jelly	Soup Scramble egg on toast Assorted Sandwiches Chocolate slice
Late Evening	Milky drink biscuits	Milky drink biscuits	Milky drink biscuits	Milky drink biscuits	Milky drink biscuits	Milky drink Biscuits	Milky drink Biscuits

Water jugs available in residents' rooms during the night.

Hot drinks & biscuits offered if residents wake during night.

Some of our dishes may contain allergens. Please ask our Chef for further information.